



In partnership with families, schools, and communities, Live Out Loud provides LGBTQ+ youth with resources, role models, and opportunities to help them discover their own voice and become leaders of change.

The 360 Experience

Research shows that **75-95% of LGBTQ+ students face some type of negative experience in school**, whether it be isolation, bullying, and/or harassment. Even worse, **60% of those students said they received no support from school staff** after reporting such an issue.

The 360 Experience seeks to build safe and welcoming school communities through out New York City in which LGBTQ+ students can thrive. The 360 Experience is made up of professional development sessions, workshops and community conversations that engage educators, students and parents in learning opportunities.

For the 2023-2024 school year, we are excited to add the following workshops:

- **Being an Ally** for parents and teachers, focused on individual and classroom allyship strategies...
- **Embracing Identities**, where participants can deep dive into learning about different LGBTQ+ identities...
- **Vogue/Ballroom**, which highlights the creativity and history of the LGBTQ+ community!

For LGBTQ+ students, we aim to create a fun and safe space to explore identities and jumpstart change in their schools. For parents, teachers, and the larger student body, we aim to foster a welcoming and non-judgmental environment for participants to ask questions and gain a deeper understanding of allyship.

Our workshops are discussion-based and collaborative, and we seek to build strong, ongoing partnerships with our communities! All 360 workshops are subsidized by a DYCD grant.

"Best workshop I ever attended, so engaging and informative!"

*MIDDLE SCHOOL
TEACHER*



Workshops for Educators

Being An Ally for LGBTQ+ Youth

- Discover the importance of allyship with a focus on understanding identities, the power of language, and avoiding microaggressions.
- Brainstorm active allyship steps and best strategies for supporting LGBTQ+ youth in and out of the classroom.

LGBTQ+ Protection in NYC DOE Schools

- Become familiar with NYC DOE guidelines regarding LGBTQ+ students with a focus on gendered language and facilities access.
- Learn how to honor LGBTQ+ students' rights in a school environment.

Embracing Identities

- Explore and learn the basics of gender identity, gender expression and pronouns.
- Gain an understanding of advocacy and classroom guidelines to elevate an inclusive classroom.

Community Open Discussion

- Facilitating and navigating open discussion concerning relative topics and concerns to develop solutions and build community.
- An opportunity for faculty members or parents to work together and give space to conversations in a structured and safe environment.

Workshops for LGBTQ+ Students & GSA Clubs

Embracing Your Identity

- Learn the basics of gender identity, gender expression, and attraction.
- Gain an understanding of your "ideal self" through visualization.

The Becoming Workshop

- Learn to build personal and community support for understanding and expressing your identity.
- Build a personal care toolkit for key issues such as coming out through visualization and a drawing activity.

The "I Am" Workshop

- Take a deeper dive into the specifics of LGBTQ+ identities.
- Learn about and celebrate the history of different identity terms, and engage in an art project to highlight some of your club's identities!

360 EXPERIENCE STATISTICS

952 community members served in 2022-2023.

97% of attendees (2020-2021) stated they gained knowledge, skills, and/or resources that improved their ability to support LGBTQ+ youth.

96% of attendees (2020-2021) stated the 360 Experience would have a positive impact on their school's environment.



Know Your Rights!

- Gain an understanding of DOE policies and protections for LGBTQ+ students through engaging activities and scenarios.
- Learn about your rights as DOE students, evaluate your school's environment, and brainstorm actions your club can take!

Vogue/Ballroom

- Learn about the history and culture of the creative and resilient LGBTQ+ House/Ballroom community.
- Celebrate and have fun learning the different styles and elements of vogue performance.

Role Model!

- Invite a Live Out Loud adult LGBTQ+ role model to visit your school.
- Facilitate inter-generational learning through games and conversation.

Workshops for the Entire Student Body

Embracing Identities

- Explore and learn the basics of gender identity, gender expression and pronouns.
- Gain an understanding of advocacy in a school environment.

Being An Ally for LGBTQ+ Youth

- Discover the importance of allyship with a focus on understanding identities, the power of language, and avoiding microaggressions.
- Engage in an open discussion about the importance of allyship in school and social environments.

What do I do next to book a workshop or ask questions?

Please reach out to Live Out Loud team member Raul R. Rivera (Raul@liveoutloud.org). You can also schedule a time to chat with Raul at your convenience at: <https://calendly.com/raulliveoutloud>

“The facilitator kept everyone engaged and their defenses down. I only wish we had more time!”

HIGH SCHOOL PRINCIPAL

