



The 360 Experience


The 360 Experience seeks to build safe and welcoming school communities throughout New York City in which LGBTQ+ students can thrive. The 360 Experience is made up of professional development sessions, workshops and community conversations that engage educators, students and parents in learning opportunities.

For the 2024-2025 school year, we are excited to provide the following workshops, and more:

- **Being an Ally**, for parents and teachers, focused on individual and classroom allyship strategies.
- **The Grounding**, build a collective foundation that encourages positive youth development and leadership.
- **Vogue/Ballroom**, get ready to move in this workshop that highlights the creativity and legendary history of the LGBTQ+ community!

For LGBTQ+ students, we aim to create a fun and safe space to explore identities and jumpstart change in their schools. For parents, teachers, and the larger student body, we aim to foster a welcoming and non-judgmental environment for participants to ask questions and gain a deeper understanding of allyship.


Our workshops are discussion-based and collaborative, and we seek to build strong, ongoing partnerships with our communities! All 360 workshops are subsidized by a DYCD grant.



Department of
Youth & Community
Development

"Many staff members asked when Live Out Loud was coming back so they could learn more!"

MIDDLE SCHOOL
TEACHER



Workshops for Educators

1. The Grounding

- Increase skills to elevate your school climate.
- Build a collective foundation for a supportive environment that encourages wellness, positive youth development and leadership.

2. Being An Ally for LGBTQ+ Youth

- Discover the importance of allyship with a focus on understanding identities, identifying misconceptions and reviewing best practices.
- Brainstorm active allyship steps and best strategies for supporting LGBTQ+ youth in and out of the classroom.

3. Embracing Identities

- Explore and learn the basics of gender identity, gender expression and pronouns.
- Gain an understanding of advocacy and classroom guidelines to elevate an inclusive classroom.

4. LGBTQ+ Protection in NYC DOE Schools

- Become familiar with NYC DOE guidelines regarding LGBTQ+ students with a focus on gendered language and facilities access.
- Learn how to honor LGBTQ+ students' rights in a school environment.

Workshops for LGBTQ+ Students & GSA Clubs

Embracing Your Identity

- Learn the basics of gender identity, gender expression, and attraction.
- Gain an understanding of your "ideal self" through visualization.

Vogue/Ballroom

- Learn about the history and culture of the creative and resilient LGBTQ+ House/Ballroom community.
- Celebrate and have fun learning the different styles and elements of vogue performance.

The Creative Change Maker

- Explore the power of creativity to impact change.
- Learn about LGBTQ+ change makers through time.
- Create personal affirmations.

360 EXPERIENCE STATISTICS

2,200 community members
served in 2023-2024.

100+ workshops served
throughout the five boroughs

**"Thank you Live Out Loud!
Without the support and
consistency of the 360
program, our High School
would not have been able to
create a safe learning
environment for all our
students."**

Bronx High School



Know Your Rights!

- Gain an understanding of DOE policies and protections for LGBTQ+ students through engaging activities and scenarios.
- Learn about your rights as DOE students, evaluate your school's environment, and brainstorm actions your club can take!

Workshops for the Entire Student Body

Embracing Identities

- Explore and learn the basics of gender identity, gender expression and pronouns.
- Gain an understanding of advocacy in a school environment.

Being An Ally for LGBTQ+ Youth

- Discover the importance of allyship with a focus on understanding identities, the power of language, and avoiding microaggressions.
- Engage in an open discussion about the importance of allyship in school and social environments.

Workshop for Parents

The Parent Process

- Join a supportive environment to discuss and identify ways to practice self care as parents and support LGBTQ+ young people.
- Learn more about the importance of allyship with a focus on understanding identities, the power of language, and avoiding microaggressions.

What do I do next to book a workshop or ask questions?

Please reach out to Live Out Loud team member Raul R. Rivera
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Department of
Youth & Community
Development

**"The facilitator
kept everyone
engaged and their
defenses down.
I only wish we had
more time!"**

*HIGH SCHOOL
PRINCIPAL*

